

Rose Farm College of Equine Studies



Equine Bowen Therapy Training

**Rose Farm College of Equine Studies
Rose Farm, Scotts Lane
Catcott, Somerset
TA7 9HX
www.rosefarmequine.co.uk**

What the course includes;

*** Learning how to assess the horse, firstly by observing it, then palpating it, followed by performing the full Equine Bowen Treatment, to include the basic treatment, plus additional moves and stretches in specific areas of tension, pain or discomfort.**

*** Case studies – to include 10 different horses between levels One and Three, to be assessed (static and dynamic), photographed, saddle checked inc wither pattern, and treated three times. Each horse must have a full report including any exercises or stretches you have suggested.**

Between levels Three and Five another 10 horses must be assessed, photographed, saddle checked, and treated three times, but this time you must also include 3 of their riders, this will include 3 rider treatments, and a full report, with the emphasis on how they now work together.

Level 5 includes a written and practical exam inc conformation

*** 2 assignments will be required, one discussing Tack, Fitting and problems associated with it. The other will be Anatomy & Physiology, including discussion relating to two of the internal systems, how they work together, and what impact Bowen may have on them.**

*** Safety in the stable environment, horse handling particularly when being treated.**

*** Liaising with the vets, and other professionals involved with the treatment of your client's horse. Getting permission to treat.**

*** Conformation, the good the bad and the ugly. Looking at the horse in specific areas, and as a whole. Why some conformational defects will affect movement and the wear & tear on joints.**

*** Anatomy & Physiology, including learning the superficial muscle structure of the horse, how particular muscles act on the horse's way of going and skeleton, we will also cover the deeper muscles, digestive, respiratory and lymphatic systems.**

*** Gait and locomotion, observing the way the horse moves, both on the lunge and with a rider.**

*** How the Bowen takes effect, we shall have sessions where we observe the horse and rider before and after a Bowen treatment.**

- * Saddle fitting, Julia Garrett will be give a lecture and demonstration on fitting saddles, and how to recognise an ill-fitting saddle, different types of flocking, different systems available and by opening up a saddle will show you the mechanics within it.
- * Equine Dentistry, Henry Billson or Toby Lee from Equine Dental Services, will give a lecture and demonstration on equine dentistry. Showing how the inside of the horse's mouth & teeth have such an important part to play, in the whole-body balance.
- * Getting horses fit and the pit falls of training, Nikki Stephens will give a talk on training various types of horses, inc Dressage, Eventers & Racehorses. She will help to give an insight into the problems and injuries horse owners face when training and competing. With more years of experience than even she would like to recall, including competing, breaking and training. Nikki rides both shod and barefoot horses (trimming most herself with assistance from Trevor Jones EP), in treed and treeless saddles so can give a view on both, she currently has about 50 horses in her care.
- * Equine Podiatry (Barefoot trimming) Lindsay Cotterell will demonstrate trimming and foot balance, giving the pros and cons of barefoot trimming and how to condition the barefoot horse, she will also help us asses movement and show how foot balance will affect other areas of the horses' structure. Using video and experiences to share during her lecture.
- * Communication with Lorraine Sealey, this fascinating lecture on how horse whispers communicate with the horse, uncovering some of the myths related to the subject of communication. Despite all the machines, vets and therapists, sometimes just asking the horse may be the simplest way to understand the issue.
- * Preparing your clients, a range of stretch exercises and strengthening techniques to suggest to your clients. This will include the safe way to stretch a horse and some simple exercises.
- * Business matters, especially yours! How to go about telling the world you are here, PR, leaflets, cards, website, talks etc. What you should carry in your car.
- * An insight to nutrition, why the feeds being given may be leading to particular behaviour or condition problems.



How to find us

We are located just off the A39 at Catcott TA7 9HX if you have sat nav.

From the M5, come off at Jct 23, take the Glastonbury exit from the roundabout, follow this road over the hill and down to the T junction and turn left. Follow the A39 for about 5 miles and you will see the Catcott turn on your left, take it and we are the 1st farm on the right (visible from the main road).

From the A303, come off the A303 at the Podimore roundabout and take the Somerton exit. About 1.5 miles take the right turn towards Somerton, Street & Glastonbury. By pass Somerton and pass through Compton Dundon, as you get to the top of the hill (Street Hill) you will find a X roads, take the fairly sharp left towards Ashcott & Bridgwater. Follow this road to the other end (beside the Pipers Inn) and turn left, then continue straight on and pass through the village of Ashcott. About 1.5 miles out of the village you will find a right turn to Catcott, take this and we are the 1st farm on the right (visible from the main road).

From Wells, follow the signs to Glastonbury, then Bridgwater, after passing through the village of Walton, you will come past the Pipers Inn (on your left) continue through the village of Ashcott. About 1.5 miles out of the village you will see a right turn to Catcott, take this and we are the 1st farm on the right (visible from the main road).

Health and Safety

NO SMOKING anywhere on Rose Farm

In the event of an accident or emergency, call **999**, in the event of a fire, turn horses out into the school or paddocks and collect at the Muster point – Entrance Gate.

Sturdy leather boots preferably with Steel toe caps - **NO TRAINERS or WELLIES**
Trousers - Jeans, Jodhpurs, cords etc. - **NO SHORTS**
Long sleeve tops whilst treating

Ensure any box or crate you bring to stand on, is made of durable plastic, and is stable even on a horses straw bed. **NO METAL BOXES WILL BE ALLOWED.**

Horses by their nature are unpredictable, they can kick and bite without giving notice!

During a treatment, a horse may experience all sorts of reactions, in places not necessarily found when palpating.

Be very aware that any horse, however docile it can seem, has the potential to become angry without notice.

Whilst handling the horse, ensure you have full control at all times.
Hold the halter rope at a short, safe length to prevent the horse from either turning round or from biting / kicking you, and concentrate fully on the job in hand.

Be aware that there will be horses and vehicles moving around on the yard.

Fire extinguishers are located inside the door of the training room and a 1st aid kit is located above them (these will be pointed out on arrival).

**ABOVE ALL PLEASE STAY ALERT, LOOK OUT FOR EACH OTHER,
AND BE ON THE LOOK OUT FOR POTENTIAL DANGER.
HORSE'S ARE BY THEIR NATURE UNPREDICTABLE,
AND IT IS UP TO US ALL TO FORSEE, WHAT COULD BECOME A PROBLEM.**

This is your copy to keep

Health and Safety

PLEASE RETURN THIS FORM

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Please sign here to confirm you have read and understood the above safety information

Sign _____

Print _____

Date _____

The Equine Bowen Moves



Lectures and Demonstrations
different professionals sharing their
wealth of experience and knowledge

**Piecing together the skeleton – making sense of the
jigsaw**



**Location of the superficial muscles, using
visual display
(and some poster paints)**

PLEASE RETURN THIS FORM

Equine Bowen Therapy – Application form

Name _____

Address _____

Post Code _____

Phone no _____

Mobile no _____

Email address _____

Your main occupation _____

Age _____

**Please confirm you have completed Level One (4 days) of the Human Bowen Technique
this is a prerequisite to beginning the Equine Bowen Therapy course.**

YES / NO

Date of Course _____

Which school have you previously trained with in Human Bowen Therapy?

Which tutor have you previously trained with in Human Bowen Therapy?

When did you / do you hope, to qualify in Human Bowen Therapy?

How did you hear about this course?

PLEASE RETURN THIS FORM

Your equine experience – please include all exams taken, horses owned, competition experience and current situation.

Students are expected to have either BHS or ABRS qualifications and / or have owned or ridden horses for at least 4 years and / or currently work with horses.

You need to be competent and confident when handling strange horses. This is for your own safety, and that of others around you so please be honest.

Also required is a reference from a BHSI, Stud or Racing Yard Manager or similar equine professional person.

My equine experience includes

Continue on a separate piece of paper if needed.

I Do / Do Not suffer from any allergies?

(cows milk, dairy, wheat, nut allergies, dogs, horses etc)

I Do / Do Not have any disabilities or special requirements?

I am paying my non-refundable deposit of £550.00 for Level One
by Cheque enclosed / Bank Transfer (use name as reference)

1st choice date _____ 2nd choice date _____

It is the individual's responsibility for their own safety when dealing with horses whilst enrolled on this course. No liability can be accepted by the course facilitators or property owners for injury or damage to students, third parties or animals concerned during the course or at any time on the premises.

I understand and agree.

I confirm I have read and understood the attached Terms and Conditions

Signed _____ Date _____

Please give your next of kin's name and phone number

Terms and Conditions

Cost total for the course is £2300.00 including levels one to five

*Initial deposit £550.00 this is non-refundable

*First payment £600.00 no less than 30 days prior to starting Level 1 includes Level 2

PLEASE NOTE

If you apply within 30 days of Level One starting, then the full amount of £1150 will be required.

*Second payment £600.00 30 days prior to starting Level Three includes Level 4

*Third payment £550.00 30 days prior to starting Level 5

*Once your place has been confirmed, the payment becomes non-refundable. However, if you need to postpone any part of your course, this is possible *six weeks or more* before the course commences, and a transfer cost of £10 will be levied.

If students require cancellation insurance, it is their responsibility to source this.

Please make cheques payable to C. L. Merry or for internet transfers, please send your payment to Lloyds Bank a/c no 63524060, sort code 77-63-17 in the name of C L Merry and please add your name as the reference.

A MINIMUM PERIOD OF 10 MONTHS IS REQUIRED BETWEEN LEVEL ONE AND FIVE, though you can extend the time between levels.

If a gap of more than 1 year occurs between level 3 and your final exam, you will need to retake from level 3 before qualifying.

PRE-REQUISIT for this course - You must have completed Level 1 of Human Bowen Therapy Training. **THEN** before becoming qualified in Equine Bowen Therapy, you must have first finished, and qualified in Human Bowen Therapy.

Please visit <http://thebowentechnique.com> for Human Bowen courses.

Please ensure you have your own personal liability insurance.

Student insurance to treat animals is required, before you commence your case studies.

This can usually be tacked on to your current human insurance cover.

Once qualified, to remain on the registered list, a current 1st Aid current insurance certificate will be required and 2 CPD days a year, completed.

Rose Farm College of Equine Studies reserves the right to cancel a training level at any time. In such an instance, a full refund will be sent to the student or FOC transfer.

Rose Farm College of Equine Studies reserves the right to decline admission to any level of training.

Rose Farm College of Equine Studies reserves the right to immediately exclude any person who is deemed to be acting in an inappropriate manner. NO refund will be given.

Rose Farm College of Equine Studies reserves the right to postpone a course due to insufficient numbers, weather or illness, applicants will have the choice of a refund or transfer.

Rose Farm College of Equine Studies will not be liable for any costs accrued from course cancellations.

All payments must be received by due dates to secure your place.

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07966 473238

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